



# Special Needs

## Suggested Supplementary Activities

### Sing & Dance

#### Head Shoulders Knees and Toes

**(Touch Each part of the body as you say it)**

Head, shoulders, knees and toes, knees and toes.

Head, shoulders, knees and toes, knees and toes.

And eyes and ears and mouth and nose.

Head, shoulders, knees and toes, knees and toes.

#### The Itsy Bitsy Spider

[Touch thumb to forefinger and other forefinger touching thumb, then make climbing motion by twisting other thumb up to other forefinger, repeat]

The itsy bitsy spider went up the water spout

[Flutter fingers in front of you from above head toward waist or lap]

Down came the rain and washed the spider out

[Put arms over head in big circle and touch fingers of opposite hands]

Out came the sun and it dried up all the rain

[Repeat thumb and forefinger move]

Then the itsy bitsy spider went up the spout again.

#### Hokey Pokey

You put your right foot in

You put your right foot out

You put your right foot in

And you shake it all about

You do the Hokey Pokey and you turn yourself around

That's what it's all about!

I'll do the Hokey Pokey

I'll do the Hokey Pokey

That's what it's all about!

You put your right hand in

You put your right hand out

You put your right hand in

And you shake it all about

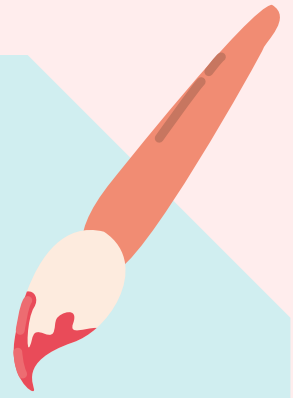
You do the Hokey Pokey and you turn around

That's what it's all about!

Continue the song with Left Leg, Left Arm, and whole self



# Create: Homemade Puffy paint

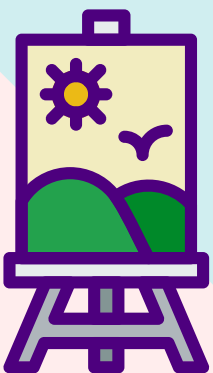


## Materials:

- Food Coloring
- Shaving Cream( 1 can)
- White Glue (1 Bottle)
- Stir Sticks (Popsicle Sticks work)

## Directions:

1. All you need to make your homemade puffy paint is to mix shaving cream and glue. A recommended ratio of 1:1 ratio of shaving cream and glue works best
2. If you want to make 4 different colors of your own paint, then split the shaving cream into 4 paper bowls (you can also use a paper plate). Then split up one bottle of liquid white glue between the 4 bowls so that each of the bowls gets a quarter of the bottle.
3. Stir until the shaving cream and glue are mixed well.
4. If you want some color, then go ahead and add a drop or 2 of food coloring to the bowl and stir until the color is smooth.
5. Enjoy!!



# Create: Circle Printing

## Materials:

White Paper  
Different Color Paints  
Cardboard Tubes for each paint color  
Paper Plate for each paint color



## Directions:

1. Take a blank piece of paper
2. Dip one end of the cardboard tube into any paint color
3. Stamp the cardboard tube onto the piece of paper
4. Use your imagination and create your very own circle printing picture.
5. Have Fun!!

