



Title: The Help
Age Rating: PG-13
Genre: Historial Drama
Teen Rating: 5/5

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(available as DVD or Blu-ray)

## Description:

This movie takes place in Mississippi during the 1960s, and focuses around the struggles black women and their families endured throughout such an era. The main character is a white woman named Skeeter (Emma Stone), who has just graduated college and is an aspiring writer. She becomes interested in exposing the injustices black women have faced while being housekeepers for renowned white families. In order to help countless black women from her town, Skeeter uses her platform (albeit minimal at the start) to help bring attention to their personal experiences. At first, many of the women are hesitant to come forward, even remaining anonymous, for they fear the possible backlash from the powerful white families. Thankfully, with the help of Aibileen (Viola Davis) and Minny (Octavia Spencer), Skeeter is able to round up more women who are willing to share their stories. This movie is incredibly educational, especially during such times in our society today.

## Favorite or Least Favorite Part:

My favorite and least favorite part of the movie is actually the ending. One of the main characters, Aibileen (Viola Davis), is treated terribly by two women and it infuriated me. It angered me that in that moment she was powerless and outnumbered, but as she walked away from the situation with her head held high, a sense of satisfaction washed over me watching her demonstrate her strength.